

SEL Implementation Projection - _____
Name Date

Project yourself as a professional teacher in your first classroom (e.g., elementary, middle school, high school, special needs, etc.). In each of the Social and Emotional Learning areas below, describe in a few sentences what you would do in your classroom to nurture the stated competencies. Each of your responses is evaluated on a 1-3 point scale as follows:

1 = inappropriate approach to developing the competency;

2 = appropriate approach to developing the competency;

3 = insightful as well as appropriate approach to developing the competency

The maximum points possible are 30.

Self-awareness

a. I will help my students develop competency in identifying and recognizing emotions by

b. I will help my students develop competency in maintaining a well-grounded sense of self-confidence by

Self-management

c. I will help my students develop competency in regulating emotions to handle stress by

d. I will help my students develop competency in setting and monitoring progress toward the achievement of personal and academic goals by

Social Awareness

- e. I will help my students develop competency in recognizing and appreciating individual and group similarities and differences by

- f. I will help my students develop competency in being able to take the perspective of and empathize with others by

Relationship Skills

- g. I will help my students develop competency in being able to resist inappropriate social pressure by

- h. I will help my students develop competency in maintaining healthy and rewarding relationships based on cooperation by

Responsible Decision-making

- i. I will help my students develop competency in being able to make decisions after consideration of likely consequences of taking alternative courses of action by

- j. I will help my students develop competency in making decisions based on consideration of ethical standards, safety concerns, and social norms by